

2021 MIAC Men's Indoor Track & Field Regional and National Awards

ATHLETIC HONORS

2021 USTFCCCA All-Central Region

Name	Institution	Class	Event	Previous Selections
Gabe Irons	Bethel	Jr.	Weight Throw	--
Jacob Parent	Bethel	Fr.	400 Meters	--
Jacob Parent	Bethel	Fr.	4x400 Relay	--
Josh Sampson	Bethel	So.	60-Meter Hurdles	2020
Josh Sampson	Bethel	So.	4x400 Relay	2020
Tyler Sealock	Bethel	Jr.	4x400 Relay	--
Joel Smith	Bethel	Jr.	400 Meters	--
Joel Smith	Bethel	Jr.	4x400 Relay	2020
Cooper Folkestad	Concordia	Fr.	Shot Put	--
Jesse Middendorf	Concordia	Jr.	800 Meters	2020
Wade Rhonemus	Concordia	So.	Heptathlon	--
Alexander DuMoulin	Gustavus	Jr.	Triple Jump	--
Steven Orzolek	Gustavus	Jr.	Shot Put	2020
Taylor Rooney	Gustavus	Sr.	High Jump	2018 2019 2020
Taylor Rooney	Gustavus	Sr.	60-Meter Hurdles	2018 2019 2020
Taylor Rooney	Gustavus	Sr.	200 Meters	--
Joe Martin	Hamline	Sr.	Shot Put	2020
Drew Dockendorf	Saint John's	Sr.	Pole Vault	2020
Ryan Miller	Saint John's	Sr.	60 Meters	2018 2019 2020
Maguire Petersen	Saint John's	So.	High Jump	2020
Gavin Rupp	Saint John's	So.	Weight Throw	--
Shawn Schindler	Saint John's	Jr.	Pole Vault	2020
Michael Wallace	Saint John's	Jr.	Triple Jump	2019 2020
Lloyd Young	Saint John's	So.	5000 Meters	--
Tyler Adler	St. Thomas	Sr.	Long Jump	--
Parker Feuerborn	St. Thomas	Jr.	Weight Throw	2020
Kaleb Keener	St. Thomas	Jr.	Long Jump	--
Jake Kelly	St. Thomas	Sr.	High Jump	2020
Cameron Schultz	St. Thomas	Fr.	Pole Vault	--

ACADEMIC HONORS

2020-21 CoSIDA Academic All-District Men's T&F/XC Team

Name	Institution	Class	Hometown High School	Major	GPA	Previous Selections
Shawn Schindler	Saint John's	Jr.	Maple Grove, Minn.	Nursing	3.98	--
Matthew Wilkinson	Carleton	Sr.	Greenwood, Minn. Minnetonka	Biology	3.51	2020

MIAC AWARDS

| 2021 MIAC Men's Indoor Track and Field Awards | [Athletes of the Week](#) | Elite 22 Award | [Academic All-Conference](#) |